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World Sailing Medical Commission Meeting Agenda

TAKE NOTICE that the Medical Commission Meeting will be held on

Monday 13th November 2023

between the hours of 9:30 – 1:30

at the Hotel NH in Malaga, Spain.

<u>Agenda Items</u>
1. <u>Opening of the Meeting</u> a. Chair's Opening Remarks b. Apologies for Absence and Declarations of Interest c. Introductions d. Minutes of the Meeting held 18 July 2023
2. <u>Anti Doping</u> a. Testing Report 2023 (Including Adverse Analytical Findings / Atypical Findings/ Missed Tests/TUE applications) b. Education Report 2023 c. Plan 2024 Testing and Education d. Testing Tenders
3. <u>Transgender</u> a. Paper (Report of Consultation and Research)
4. <u>Health and Safety</u> a. Safety Commission
5. <u>Event Reports</u> a. Paris Test Event b. Hague WS World Championships.
6. <u>Injury Research</u> a. Foiling at the Hague
7. <u>Sailing-Specific Conditioning Programme</u> a. Update
8. <u>Quick-release footstep</u> a. Update
9. <u>Para World Sailing Committee</u> a. Update and Report from Events.
10. <u>Safeguarding</u> a. Update on policy and procedures for noting.
11. <u>Recommendations</u> To consider any recommendations the Medical Commission would like to make to the Board, Council or Executive.
12. <u>Any Other Business</u> a. Discussion with SailGP Medical Director: - sailing-specific concussion guidelines - cardiac screening - injury and illness reporting in sailing as per the IOC guidelines



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- post critical incident care (how we care for sailors and crew post any major incident)

b. 2021 iQFOiL European Championships Injuries – Research Paper.

13. Date of Next Meeting